

Safety Plan

There are certain things you should consider when trying to separate from your abuser. This can often be a volatile time and precautions should be taken. The following suggestions may help you make this transition safer.

1. Leave money and an extra set of keys with a friend you trust.
2. Have a code word with a friend for safety purposes.
3. Keep copies of important documents and an extra set of clothes with a friend.
4. Open a savings account at a separate bank.
5. Make arrangements to stay with a friend or family member in case of emergency.
6. Rehearse an escape plan to know the safest way to leave your house.
7. Change your daily routines (route to work or school or time of day you go places).
8. Be aware of your surroundings at all times.
9. Do not travel alone.
10. Carry a cell phone.
11. Make sure you have your children's birth certificate, social security cards, and medical documentation.
12. Change your locks.
13. Make sure all exterior lights on your house are working properly.

These are just a few steps you can take during this high risk time. For further safety planning, you should contact an advocate.

Greenville Police Department Victim Advocate
(252) 329-4181

Family Violence Program Victim Advocate
(252) 758-4400

Pitt County Domestic Violence Resources

Advocacy

Greenville Police Department	329-4181
Family Violence Program, Inc. of Pitt Co.	758-4400
Pitt Co. Sheriff's Office	902-2665

Law Enforcement

Greenville Police Department	329-4317
Pitt County Sheriff's Office	902-2800
Pitt County Detention Center	902-2910
Probation and Parole	830-8590

Legal

Clerk of Court (Civil)	695-7150
Clerk of Court (Criminal)	695-7131
Pitt Co. District Attorney	695-7200
Legal Aid of NC	758-0113
Pitt County Magistrate	695-7395

24 hour Crisis Line

Family Violence Program, Inc. of Pitt Co.	752-3811
National DV Hotline	1-800-799-SAFE
REAL Crisis	758-HELP

Department of Social Services

Child Protective Services	902-1111
Work First	902-1111
Adult Protective Services	902-1111

State Agencies

NC Victim's Compensation	1-800-826-6200
NC VAN	1-800-348-5068
North Carolina Coalition Against Domestic Violence	1-888-232-9124
NC Council for Women	1-919-733-2455

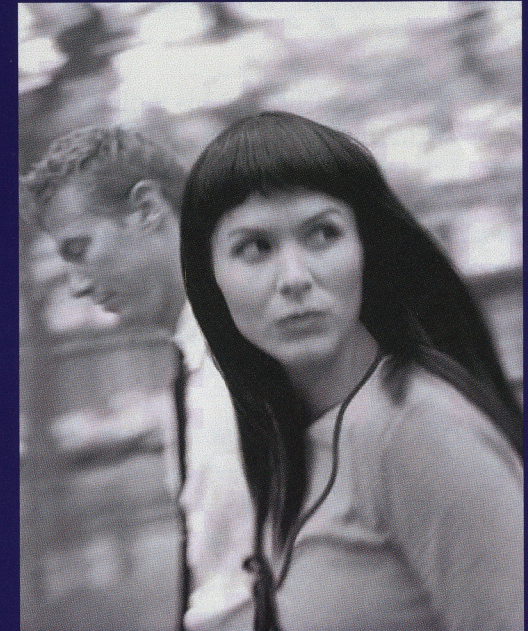
Shelter

New Directions	752-3811
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Housing

Greenville Community Shelter	752-0829
Mid-East Housing	752-9548
Section 8	329-4008
Greenville Housing Authority	329-4000

END THE SILENCE



This is a guide to inform you of
your victim rights and the
support available to you.

Provided by
Greenville Police Department
In collaboration with
Family Violence Program, Inc. of Pitt County

